



UEL Research & Knowledge Exchange Conference 2013

Call for Abstracts

Name & Title of Presenter:	Dr Calvin R Moorley
School:	HSB
Co investigators:	NA
Title of Abstract:	Foundations in Wellbeing & Health Promotion: developing a short course
Key Theme/ Key words:	Health, Health Education, Linking London

Abstract (No more than 400 words):

Background & Rationale The University of East London (UEL) is at the heart of Europe's largest regeneration and plays an integral role in local development.

The University has a global learning community and is recognised for its international research. UEL has strong links with local and national business and an outstanding record in widening access to students from non traditional backgrounds. UEL is part of the Linking London Lifelong Learning Network.

The School of Health, Sport and Bioscience works closely with surrounding NHS trusts and third sector employers. Listening to these users, we realised that apart from health and social care workers there are workers in the third and voluntary sector who work in public health and health promotion but have no formal qualification or recognition of this important work.

Aims of the course This course aims to provide students with a basic knowledge in wellbeing and health promotion. Develop and improve knowledge and communication while identifying how wellbeing is affected by key determinants of health. It enables students to develop a portfolio of their learning and experience.

Linking London

"Linking London is committed to facilitating the development of innovative flexible short course provision across the Network. Calvin Moorley's project enables us to do that and ultimately support the health and well being of Londoners."

Who should do this course

- Applicants already working in health and social care and have been unable to obtain an academic qualification or attend University due to personal and or social circumstances.

- Young people who are unable to attend full time education and express an interest in working in the areas of health and social care.

- Workers in 3rd and voluntary sectors e.g. Prison Officers, Community Police Officers, Religious group leaders, Age UK and Shelter.

- Applicants who possess a vocational qualification and perform an extended role in health which is not recognised by their employers.

Skills & Qualifications On the successful completion of this programme students will:

- be able to plan and implement health promotion activities tailored to specific groups
- be a qualified First Aider and
- gained 20 academic credits at level one - potentially leading to further study.

gain skills in thinking, knowledge in subject based practical skills, and skills for life e.g. working in groups, organisation and use of IT

